

**UNIVERSITY OF ESWATINI  
FACULTY OF HEALTH SCIENCES  
GENERAL NURSING SCIENCE DEPARTMENT**

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**RE-SIT EXAMINATION**

**JUNE 2019**

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**COURSE:** INTRODUCTION TO COUNSELLING  
**COURSE CODE:** GNS210  
**DURATION:** 2 HOURS  
**TOTAL MARKS:** 75  
**PAGES:** 1 page (excluding cover page)

**INSTRUCTIONS:**

- ANSWER ALL QUESTIONS
- EACH VALID POINT IS WORTH 1 MARK
- WRITE CLEARLY

DO NOT OPEN THE PAPER UNTIL INSTRUCTED BY THE INVIGILATOR TO DO SO.

**QUESTION 1:**

- 1.1 Describe the SIX counseling interventions and give examples of when these can be used. *[1 for identifying intervention, 2 for describing and categorizing, 1 for example]* (24 marks)
- 1.2 Explain how can the Swazi culture influence / affect counseling? (2 marks)
- 1.3 Outline the goals of the Test and Start approach to HIV management in Eswatini. (2 marks)

**[Total: 28 marks]**

**QUESTION 2:**

- 2.1 Discuss the three (3) dimensions of the counseling relationship and their implications to the counseling process. (12 marks)

*[1 point for identifying the dimension and 2 for description and 1 for implication]*

- 2.2 The Cognitive-Behavioral approach focuses on systematic errors in reasoning that underlie psychological problems. Describe FIVE common logic errors that distort reality and give examples of each. (15 marks)

*[1 for identifying logic error, 1 for describing it and 1 for the example]*

**[Total: 27 marks]**

**QUESTION 3:**

Compare and contrast counseling and psychotherapy

**[Total: 20 marks]**

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GOODLUCK!!!!