

**UNIVERSITY OF ESWATINI  
FACULTY OF HEALTH SCIENCES  
FINAL EXAMINATION FIRST SEMESTER**

**DECEMBER 2018**

**COURSE TITLE: COMMUNITY HEALTH NURSING I**

**COURSE CODE: NUR 405**

**MARKS ALLOWED: 75**

**TIME ALLOWED: 2 HOURS**

**INSTRUCTIONS:**

- 1) THIS PAPER CONTAINS 3 QUESTIONS: ANSWER ALL.**
- 2) READ THE INSTRUCTIONS AND QUESTIONS CAREFULLY.**
- 3) EACH QUESTION HAS A WEIGHT OF 25 MARKS.**
- 4) WRITE NEATLY AND LEGIBLY.**

**DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION IS GRANTED BY  
THE INVIGILATOR.**

**QUESTION 1**

1.1 Explain six (6) principles of community health that guide engagement with communities. (12 marks)

1.2 Aggregates in various community groups experience health disparities. Explain the concept 'health disparities'. (1 mark)

1.3 Discuss how the following factors can influence health.

- a) Education (3 marks)
- b) Social class (3 marks)
- c) Income (3 marks)
- d) Poverty (3 marks)

**Total 25 Marks**

**QUESTION 2**

2.1 Describe five (5) population-oriented roles of a community health nurse in meeting health needs of populations (10 marks)

2.2 The community process is measured by the ability of the community to be competent in collaborating effectively in identifying own needs, achieving a working consensus on goals and priorities and also collaborating on required actions. Discuss how the following factors may negatively impact on the community process. (15 marks)

- a) Commitment to community health
- b) Awareness of self and others
- c) Effective communication
- d) Conflict containment
- e) Management of relations with larger society

**Total 25 Marks**

**QUESTION 3**

3.1 Using Neuman's Health Systems Model as a framework, systematically assess risk factors for smoking amongst adolescents in Motshane Community. (25 marks)