# UNIVERSITY OF ESWATINI

# **FACULTY OF HEALTH SCIENCES**

# DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE MAIN EXAMINATION: MAY /JUNE2019

COURSE TITLE: NORMAL PSYCHOLOGICAL DEVELOPMENT II

**COURSE CODE:** NUR453

**TIME ALLOCATED: 2 HOURS** 

**TOTAL MARKS ALLOCATED: 75** 

### **INSTRUCTIONS:**

- 1. PLEASE WRITE LEGIBLE
- 2. THE PAPER CONSIST OF THREE QUESTIONS, ANSWER ALL QUESTIONS
- 3. USE THE PROVIDED ANSWER BOOKLET FOR ALL YOUR ANSWERS
- 4. START A NEW QUESTION IN A NEW PAGE
- 5. MAKE SURE THAT ALL YOUR ANSWERS ARE NUMBERED CORRECTLY

DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR OR HIS/HER REPRESENTATIVE

# **QUESTION 1**

1.1.Primary mental health has many benefits for the individual client and for the community.

Discuss five benefits for integrating primary mental health care.

[15Marks]

# **QUESTION 2**

2.1. Mental health services in Eswatini are faced with many challenges in the delivery of primary mental health care. Discuss five challenges.

[15Marks]

2.2 De-institutionalization has many advantages and disadvantages for the clients with mental illness and their family members. Discuss two disadvantages of institutionalization and three advantages of de-institutionalization.

[15Marks]

# Question 3

- 3.1. Outline how provision of school mental health can be a solution for normal psychological development [15Marks]
- 3.2. Discuss the management and rehabilitation of adolescents with substance abuse in a certain school. [15Marks]