



UNIVERSITY OF ESWATINI
FACULTY OF HEALTH SCIENCES
FINAL EXAMINATION
MAY 2019

COURSE NAME: THEORETICAL BASIS OF NURSING II

COURSE CODE: NUR 508

TIME ALLOWED: 2 HOURS

TOTAL MARKS: 75

INSTRUCTIONS:

- 1. THIS PAPER CONSISTS OF FIVE (7) PAGES**
- 2. PLEASE READ INSTRUCTIONS**

CAREFULLY

- 3. PLEASE ANSWER ALL QUESTIONS**

- 4. MARK ALLOCATION: 1 MARK / CORRECT PHRASE/SENTENCE/FACT FOR DISCUSSION QUESTIONS. GIVE VALID EXAMPLES FOR A FULL MARK.**

THIS PAPER SHOULD NOT BE OPENED UNTIL THE INVIGILATOR HAS GRANTED PERMISSION

QUESTION 1

MULTIPLE CHOICE QUESTIONS

- 1.1 This theorist focuses on viewing the human being as an open system.
- A. Betty Neuman
 - B. Lydia Hall
 - C. Martha Rogers
 - D. Hildegard Peplau
- 1.2 Research or evidence-based statements which form the basis of a theory are also known as:
- A. Models
 - B. Beliefs
 - C. Assumptions
 - D. Paradigms
- 1.3 Who among these theorists proposed the Health Care Systems model?
- A. Henderson
 - B. Neuman
 - C. Parse
 - D. Orem
- 1.4 A nurse practitioner was able to diagnose and treat influenza based on the clinical manifestations. Leininger categorised this under....care.
- A. Emic
 - B. Etic
 - C. Holistic
 - D. Wholistic
- 1.5 The “Sunrise Model” of nursing was developed by:
- A. Travelbee
 - B. Parse
 - C. Leininger
 - D. Orlando
- 1.6 Which of the following has connections with Leininger’s theory?
- A. Developed the concept of culture-sensitive care
 - B. Developed nursing care systems
 - C. Was instrumental in designing the nursing process.
 - D. Developed the adaptation model.

- 1.7 According to Neuman, a process of energy conservation that increases organisation and complexity, moving the system towards stability or a higher degree of wellness is termed:
- A. Entropy
 - B. Negentropy
 - C. Reconstitution
 - D. Stability
- 1.8 Resources to theory development are the following EXCEPT:
- A. Human resources
 - B. Women as women
 - C. Women as theorists
 - D. Scientists as theorists
- 1.9 The nurses as nurses barriers to theory development are the following:
- A. The recruitment of nurses
 - B. The induction training of newly employed nurses
 - C. The theoretical background of theorists
 - D. Nurses as theorists.
- 1.10 In theory development the process of developing predictions from general principles is referred to as:
- A. Inductive reasoning
 - B. Deductive reasoning
 - C. Critical thinking
 - D. Synergy
- 1.11 In which theory is reconstitution defined as 'the return to and maintenance of system stability'?
- A. Neuman's System Model
 - B. Transpersonal caring
 - C. Humanistic Nursing
 - D. Nursing as caring
- 1.12 The nurses as nurses barriers to theory development are the following:
- A. The recruitment of nurses
 - B. The induction training of newly employed nurses
 - C. The theoretical background of theorists
 - D. Nurses as theorists.

1.13 Pat is a nurse who is caring for Mary who is recovering from a recent hysterectomy. Which of the following is an example of a way in which Pat may support her client's interdependence adaptation according to Roy's model?

- A. By offering to find some new magazines for Mary.
- B. By ensuring that Mary is properly hydrated
- C. **By giving Mary the number of a local support group**
- D. By listening to Mary's story about her granddaughter

1.14 Which of the following is not an example of one of Roy's four modes of adaptation?

- A. Self-concept
- B. Role function
- C. Physiologic-physical
- D. Integration

1.15 According to Roy's Adaptation Model, a stimulus is:

- A. Not always negative
- B. Detrimental if it provokes a reaction in a client system
- C. Cannot be positive if it supports system integrity
- D. Does not stimulate the external environment

1.16 According to Betty Neuman, the systems model is equated with wellness, and defined as, EXCEPT

- A. The condition in which all parts and sub-parts, or variables are in harmony with the whole of the client.
- B. Total absence of disease.
- C. The client system moves toward illness and death when more energy is needed than what is available.
- D. The client system moves toward wellness when more energy is available than needed.

1.17 Sister Callista Roy's adaptive modes are as follows, EXCEPT

- A. Dependence mode
- B. Physiologic – physical mode
- C. Self-concept – group identity mode
- D. Role function mode

- 1.18 Dorothy Johnson's theory of transpersonal caring states that; there are functional requirements of humans in her model. Which statement is not true below?
These are to be:
- A. Protected from noxious influences with which the person cannot cope.
 - B. Nurtured through the input of supplies from the environment.
 - C. stimulated to enhance growth and prevent stagnation
 - D. **nourished** with food to enhance growth and development
- 1.19 In Dorothy Johnson's model, the four goals of nursing are to assist the patient:
EXCEPT
- A. Whose behaviour commensurate with social demands.
 - B. Who is able to modify his behaviour in ways that it supports biological imperatives
 - C. Who is able to benefit to the fullest extent during illness from the physicians knowledge and skill.
 - D. Whose behaviour gives evidence of unnecessary trauma as a consequence of illness
- 1.20 Inputs, outputs, controls, and feedback are all features of _____ according to Roy's Adaptation Model.
- A. An environment
 - B. The nurse-client relationship
 - C. Adaptation
 - D. A system
- 1.21 Which of the following would not be considered a component of Roy's model?
- A. Health promotion
 - B. Wholism
 - C. Health as a continuum
 - D. Spirituality
- 1.22 Who among these theorists proposed the Health Care Systems Model?
- A. Neuman
 - B. Henderson
 - C. Parse
 - D. Orem
- 1.23 According to this theorist, wellness is a condition in which all parts and sub-parts of an individual are in harmony with the whole system.
- A. Orem
 - B. Henderson
 - C. Parse
 - D. Neuman

- 1.24 In Jean Watson's theory of Transpersonal caring, the ability to care for others is dependent on.....
- A. One's ability to care for self
 - B. The cooperation of the recipient of care
 - C. Availability of resources
 - D. Knowledge of the scientific bases of diseases and illness
- 1.25 Watson's carative factors include all of the following, EXCEPT.
- A. Forming human-altruistic value system.
 - B. Instilling faith-hope
 - C. Cultivating sensitivity of self and others
 - D. Strengthening lines of defence.

QUESTION 2

- 2.1 Describe the types of theory definitions (10)
- 2.2 Explain the meaning of metaphors (5)
- 2.3 Describe the concepts related to the social system in Imogene King's conceptual systems and theory of goal attainment. (10)

QUESTION 3

- 3.1 Describe prevention as intervention in Neuman's Systems Theory. (15)
- 3.2 Draw and label Neuman's systems model. (8)
- 3.2 Explain the etic and emic views in Leininger's theory of culture care diversity and universality. (2)

TOTAL = 75