

**UNIVERSITY OF SWAZILAND**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE**  
**RESIT EXAMINATION: JANUARY 2020**

**COURSE TITLE:** DIAGNOSTIC AND STATISTICAL MANUAL OF MENTAL DISORDERS  
**COURSE CODE:** CHN 405  
**TIME ALLOCATED:** 2 HOURS  
**TOTAL MARKS ALLOCATED:** 75

**INSTRUCTIONS:**

1. PLEASE ANSWER ALL QUESTIONS
2. START A NEW QUESTION IN A NEW PAGE
3. MAKE SURE THAT ALL YOUR ANSWERS ARE NUMBERED CORRECTLY
4. PLEASE WRITE NEATLY AND LEGIBLY

**DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR OR HIS/HER REPRESENTATIVE**

## QUESTION 1

**This question has two sections: section A (true or false) and section B (a structured question). Answer all questions from both sections.**

### SECTION A: TRUE OR FALSE.

**State whether the statements below are true or false by writing your answer as either T for true or F for false against the number representing the statement, e.g. 99 = T. Each correct answer carries one (1) mark.**

1. Binge eating is a disorder common in adolescents and young adults.
2. Sexual dysfunction disorders are more common in early adulthood.
3. More women suffer from sexual dysfunction disorder than men.
4. People diagnosed with hoarding disorder are more likely to also suffer from major depression.
5. Children raised by same sex parents are at higher risk for gender dysphoria than those of parents of opposite sex.
6. Male adolescents are more likely to suffer from antisocial disorder than female adolescents.
7. People with narcissistic personality disorder exhibit a sense of grandiosity.
8. Ritalin is CNS stimulant prescribed for children with ADHD.
9. Genetic, socio-environmental factors are implicated in almost all mental disorders.
10. Mental health problems have the potential to complicate to mental disorders.

**[Sub-total marks: 10]**

### SECTION B

Anna is an elderly woman who lives at Msunduzi. Anna has been living alone following the death of her husband 7 years ago. You learned about her from the Rural Health Motivator (RHM) during one of your community mental health practicals. You then went to visit her where you found her “swimming” in dirt of old clutter, with literally no space to sit or move around the house. When you ask her why she was not discarding the clutter, she stated that these were memorabilia for her late husband. The RHM stated that Anna has a child a son, who hardly visits her, and that the last time he visited he clashed with his mother over the clutter and he swore that he would never come back until her mother sorted herself out. Anna confirmed that she had a son that hardly visited her because he thinks she is “crazy”.

1. What is wrong with Anna? Explain your answer (5 marks)
2. With the goal of preventing her from falling back to her disorder, outline how you would manage Anna. (1 mark for every correct point to maximum of 10marks).

**[Total marks: 25]**

## **QUESTION 2**

1. One of the major shifts in the diagnosis and management of mental disorders that the DSM-5 has incorporated is the role of culture in mental illness. Discuss why culture matters in mental health (1 mark for every correct point to maximum of 9marks).
2. Several risk factors have been implicated in childhood mental disorders. Discuss the risk factors and how they could be prevented (2 marks for every correct point to maximum of 16marks)

**[Total marks: 25]**

## **QUESTION 3**

Wandile is a 21 year old male who has been diagnosed with gender dysphoria.

1. According to DSM-5, what is gender dysphoria? (3 marks).
2. Under which class of disorders is gender dysphoria categorised in DSM-5? (2 marks)
3. Discuss the changes made in DSM-5 with regards to gender dysphoria(2 marks for every correct point to maximum of 20 marks).

**[Total marks: 25]**