



UNIVERSITY OF ESWATINI
FACULTY OF HEALTH SCIENCES
GENERAL NURSING SCIENCE DEPARTMENT
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TITLE OF PAPER: INTRODUCTION TO PSYCHOLOGY
COURSE CODE: GNS111
DURATION: 2 HOURS
TOTAL MARKS: 75

INSTRUCTIONS

- READ THE QUESTIONS AND INSTRUCTIONS CAREFULLY
- ANSWER ALL THE QUESTIONS
- THE PAPER CONSISTS 3 QUESTIONS
- EACH QUESTION CARRIES 25 MARKS
- BEGIN EACH QUESTION ON A NEW PAGE

DO NOT OPEN THE QUESTION PAPER UNTIL INSTRUCTED BY THE INVILIGILATOR.

QUESTION 1 [25 marks]

Select the best response; eg. 26. A

1. A physical cue to which we may or may not respond is called a:
 - A. Stimulus
 - B. Conditioning response
 - C. Reflex
 - D. Operation

2. The response that is elicited by the conditioned stimulus as a result of classical conditioning is called the:
 - A. Operant response
 - B. Conditioned response
 - C. Unconditioned response
 - D. Conditioning stimulus

3. The three tasks of memory are:
 - A. Receive, process and store
 - B. Encode, store and retrieve
 - C. Encode, retrieve and decode
 - D. Process, store and decode

4. The memory that holds very briefly all the information available in our senses is called:
 - A. Sensory memory
 - B. Short-term memory
 - C. Flashbulb memory
 - D. Episodic memory

5. The process of combining separate pieces of information into units in short-term memory is called
 - A. Chunking
 - B. Acoustical storage
 - C. Paired associate learning
 - D. Making associations

6. Piaget believed that children in the concrete operational stage have difficulty with:
 - A. Perspective taking
 - B. Deductive logic
 - C. Inductive logic
 - D. Conservation

7. Children in the pre-operational stage have difficulty taking the perspective of another person. This is known as:
 - A. Egocentrism
 - B. Reversibility
 - C. Conservation
 - D. Accommodation

8. According to Kohlberg, obeying traffic rules because there are cameras to capture negligent driving represents which stage of morals development?
 - A. Obedience orientation
 - B. Good boy/ good girl orientation
 - C. Social Order orientation
 - D. Legalistic orientation

9. Lungile is very stingy. Freud would most likely suggest that:
 - A. She is ok, most people are stingy
 - B. She has neurosis, and being stingy is a defense mechanism from fear of lack.
 - C. She probably had under gratification during anal phase
 - D. She is fixated at the oral stage

10. According to Jean Piaget, during the formal operations stage, the child:
 - A. Learns to imitate others
 - B. Learns abstract reasoning
 - C. Learns language and symbols
 - D. Learns logical reasoning

11. The first person who called himself a psychologist was:
- A. Wundt
 - B. Freud
 - C. Erikson
 - D. Piaget
12. According to Erikson, the stage when individuals contribute to society and help guide future generations is between:
- A. 20-40 years
 - B. 40-64 years
 - C. 45-60 years
 - D. 65 years-death
13. Maslow believed that people can come to a point where they become the most authentic version of self. This ability Maslow refers to as:
- A. Self-knowing
 - B. Self-determination
 - C. Self-directedness
 - D. Self-actualization
14. Our bodies are kept in a balanced state through the physiological process known as:
- A. Hypothalamus
 - B. Homeostasis
 - C. Hemostasis
 - D. Homeopathy
15. When Nosi was a child, her mother would yell at her for spilling milk on the carpet. Now, even though she is in her own apartment, whenever she spills something, she feels anxious. This anxiety can be explained on the basis of :
- A. Negative Punishment
 - B. Operant Conditioning
 - C. Classical conditioning
 - D. Maturational sensitization

16. _____ describes an emotion if it is positive or negative.
- A. Valence
 - B. Arousal
 - C. Sadness
 - D. Pain
17. The ability to visualize a future event; eg. Thinking about your graduation day, and seeing yourself wearing the gown in October 2021 is known as:
- A. Hallucination
 - B. Imagery
 - C. Being Psychic
 - D. Schema
18. A cluster of dramatic, emotional and erratic personality disorders includes all but the following:
- A. Narcissistic
 - B. Histrionic
 - C. Dependent
 - D. Borderline
19. A pervasive pattern of instability in interpersonal relationships, self-image, and moods describes:
- A. Borderline PD
 - B. Avoidant PD
 - C. Schizotypal PD
 - D. Schizoid PD
20. Creating a fictitious memories by providing misleading information about an event after it takes place:
- A. Inattentional blindness
 - B. Misinformation effect
 - C. Secondary reinforce
 - D. Transduction

21. The tendency to remember words at the beginning of a list especially well:
- A. Cognitive map
 - B. Perception
 - C. Primacy effect
 - D. Working memory
22. The ability to empathize and understand the emotions
- A. Empathy
 - B. Self-regulation
 - C. Social-awareness
 - D. Social-regulation
23. Understanding that different people can have different beliefs, based on different experiences which can sometimes be incorrect
- A. False belief
 - B. Tools of the mind
 - C. Flynn effect
 - D. Stereotype
24. According to Freud, a lingering focus of pleasure-seeking energies at an earlier psychosexual stage in which libidinal urges were not gratified is called:
- A. Defense mechanism
 - B. Repression
 - C. Anxiety
 - D. Fixation
25. A defense mechanism in which you flee from reality by assuming a more infantile state:
- A. Denial
 - B. Repression
 - C. Regression
 - D. Reaction formation

QUESTION 2 [25 marks]

2.1 Identify and explain the theory that underpins the motive behind the following behaviours: (10 marks)

- 2.1.1 A student decided to go for a jog so that she can be fresh to study for the next exam paper
- 2.1.2 Mrs S. unconsciously attacks the neighbor's son whom she saw bullying her daughter.
- 2.1.3 A homeless man was caught at the Pick n pay having stolen a chocolate bar, he told you he hasn't eaten for 6 days.
- 2.1.4 Zama is working really hard these days because it is almost time for performance appraisal. If she gets a good review, she is likely to get the promotion.
- 2.1.5 Sam who was given a psychology assignment a month ago, decides to work on it because it is due next morning.

2.2 Sam is a 25 year old CEO of a large company in South Africa. Many people are intrigued by his achievement at such a young age, nonetheless, others are not convinced. Those in favor of Sam call him a high achiever, whilst those who are jealous, call him a pest. Discuss Sam's motivation based on McClelland need-theory of motivation.

(15 Marks)

QUESTION 3 [25 marks]

3.1 Describe the following defense mechanisms and give examples of each. (10 marks)

3.1.1 Sublimation

3.1.2 Regression

3.1.3 Repression

3.1.4 Reaction formation

3.1.5 Displacement

3.2 Describe the 4 personality types by Hans Eysneck, and give an example of a career that each of these personality may be excellent at. (15 marks)

GOOD LUCK!!!
