

UNIVERSITY OF ESWATINI

FACULTY OF HEALTH SCIENCES

FINAL EXAMINATION DECEMBER 2019

**TITLE OF COURSE: NURSING CARE ACROSS the KIDNEY DISEASE
TRAJECTORY**

COURSE CODE: GNS 473

TIME ALLOWED: TWO (2) HOURS

PAGES: 2 INCLUDING COVER PAGE

MARKS: 75

INSTRUCTIONS:

1. ENSURE THAT YOU ARE WRITING THE EXAM FOR THE COURSE IN WHICH YOU ARE ENROLLED.
2. THERE ARE THREE (3) QUESTIONS IN THIS EXAM, EACH QUESTION HAS 25 MARKS.
3. ANSWER ALL THREE (3) QUESTIONS.
4. START EACH QUESTION ON A NEW PAGE.
5. WRITE LEGIBLY

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GRANTED PERMISSION**

QUESTION 1

1. The prevalence of kidney failure in Eswatini seems to be increasing at an alarming rate.

A. Describe the implications of this increase. (10)

B. As a Nephrology Nurse Specialist, describe strategies that you think could curb the prevalence of kidney disease in Eswatini. (15)

(TOTAL = 25 MARKS)

QUESTION 2

A. Explain how each of the following disorders put the client at risk for renal disease:

(i) Attempting suicide using insecticides (3)

(ii) Hypertension (5)

(iii) Smoking (5)

B. Individuals suffering from kidney disease are 'discriminated' by some institutions, such that some of these eventually lose employment because they must be away several days a week to attend haemodialysis sessions. Losing employment compromises the clients' economic status.

Describe measures by which 'discrimination' against individuals suffering from kidney failure can be reduced in the work-place. (8)

C. In your answer sheet write the missing word:

(i) In hyperkalemia the secretion of _____ by the adrenal cortex is _____. (2)

(ii) The normal values for serum potassium: _____ (1)

(iii) The normal values for serum sodium: _____ (1)

(TOTAL = 25 MARKS)

QUESTION 3

- A. Clients who qualify for haemodialysis or peritoneal dialysis should also qualify for renal transplant as the final intervention.

Explain how you will increase awareness among the Eswatini populace on the need for each well person to consider donating at least one (1) kidney since each person “only needs one (1) kidney and can donate the other one, to save a life”. (10)

- B. Identify and describe five (5) patients' rights. (10)

- C. Describe the importance of disclosure of one's renal failure status to family members.

(5)

(TOTAL = 25 MARKS)