

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELOR OF NURSING SCIENCE YEAR 5**

FINAL EXAMINATION PAPER DECEMBER 2019

**TITLE OF PAPER : TREATMENT AND MANAGEMENT
MODALITIES FOR
MENTAL HEALTH PROBLEMS I**

COURSE CODE : NUR 554

TIME ALLOCATION : 2 HOURS

MARKS ALLOCATION : 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE
QUESTIONS. ANSWER ALL
QUESTIONS.**

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

Inferiority feelings as a life style may lead to self-defeating behaviours in individuals. Using the concept of the five key aspects of personality discuss the evidence of inferiority complex that may act as stumbling blocks in the formation of professional teacher/students positive relationship. Please note that there is five (5 marks) for each aspect of personality discussed

25 marks

QUESTION 2

Cognition, Behaviour and Affection are important key elements of behaviour. These components are often reflected the interpersonal process. Discuss how cognition, behaviour and affective become essential in learning.

- a) Cognition (10 marks).
- b) Behaviour (10 marks).
- c) Affection (5 marks).

25 marks

QUESTION 3

Due to frequent attachment psychotherapeutic interventions, sometimes clients may develop some vast experience in psychotherapy from a number of psychotherapists. In this case the client may end up experiencing the who, how and whom factor. In your understanding and relying on your knowledge in psychotherapy, discuss the importance of the who, how and whom Factor in psychotherapy.

- a) Who factor (10 marks).
- b) How factor (10 marks).
- c) Whom factor (5 marks).

25 marks