

**UNIVERSITY OF ESWATINI  
FACULTY OF HEALTH SCIENCES  
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCES  
BACHELOR OF NURSING SCIENCE YEAR 4 (IDE)  
FINAL EXAMINATION PAPER 2021**

**COURSE CODE : CHN455**  
**COURSE TITLE : NORMAL  
PSYCHOLOGICAL  
GROWTH AND  
DEVELOPMENT 1**

**TIME ALLOCATION : 2 HOURS**

**MARKS ALLOCATION : 75**

**INSTRUCTION : THIS PAPER CONSISTS OF  
THREE QUESTIONS.**

**ANSWER ALL QUESTIONS.**

**DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.**

## QUESTION 1

Suicide cases are increasing among the youth in Eswatini. Children that have both parents have been reported to have killed themselves either through taking poisonous substances or hanging by the rope. Many parents are worried about this because they do not know who could be next and why. In your own opinion, discuss three possible causes of suicide among children who are not orphans. Label these causes A, B and C respectively.

- 1.1 Suicide cause a (10 marks)
- 1.2 Suicide cause b (10 marks)
- 1.3 Suicide cause c (5marks)

(25 marks)

## QUESTION2

It is essential in psychiatric nursing to embark on extensive and intensive mental health promotion because it is extremely difficult to cure mental disorders. Discuss clearly how the initiation on community support system, income generative projects and family empowerment can promote psychological growth and development in Swaziland.

- 2.1.Community support system creation. (10 marks)
- 2.2.Income generative projects. (10 marks)
- 2.3.Family empowerment. (5 marks)

(25 marks)

## QUESTION 3

There seems to be stumbling blocks regarding the promotion of normal psychological growth and development of individuals in Swaziland. Discuss three stumbling blocks and label them (a) (b) (c) respectively.

- 3.1 Stumbling block a (10 marks)
- 3.2 Stumbling block b (10 marks)
- 3.3 Stumbling block c (5 marks)

(25 marks)