

UNIVERSITY OF ESWATINI
FACULTY OF HEALTH SCIENCES
GENERAL NURSING SCIENCES DEPARTMENT

MAIN EXAMINATIONS – MAY 2021

COURSE TITLE : ADVANCED MEDICAL-SURGICAL NURSING 1
COURSE CODE : NUR 430
TIME : 2 HOURS
MARKS: 75
NUMBER OF PAGES : 3

INSTRUCTION:

1. ANSWER ALL THREE (3) QUESTIONS
2. EACH QUESTION CARRIES 25
3. EACH POINT CARRIES $\frac{1}{2}$ MARKS FOR A FACT AND $\frac{1}{2}$ MARK FOR AN EXPLANATION.
4. ANSWER ALL YOUR QUESTIONS IN THE ANSWER SHEET PROVIDED

DO NOT OPEN THE QUESTION PAPER UNTIL THE INVIGILATOR TELLS YOU TO DO SO!

QUESTION ONE

A . Older adults are the core business of healthcare, representing the majority visits and hospital admissions. When caring for an elderly client, the nurse has to consider age-appropriate health promotion activities. **Discuss** any five of these activities and state the rationale for using them. (15)

B. Understanding why and how adults learn is important for nurses in order to teach patients and their caregivers effectively. Discuss any five principles of adult education applied to patient and caregiver teaching. (10)

Subtotal Marks: 25

QUESTION TWO

Hypertension is a condition that is increasingly becoming a medical and public health problem in Eswatini. The following questions refer to this condition.

- i. Differentiate primary from secondary hypertension. (2)
- ii. Explain eight (8) risk factors for primary hypertension. (8)
- iii. Discuss collaborative care for a patient with hypertension. (15)

Subtotal Marks: 25

QUESTION THREE

Scenario: A 45 year old woman has come to your hospital seeking assistance. She tells you she comes from Mozambique with her two children. She is divorced and is earning a living through buying and selling vegetables in the street. She also plaits people's hair at home. Before she left her country she says she was relatively well. She has now developed symptoms of fatigue and exhaustion, insomnia, and aches all over her body. Stress has a powerful effect on the mind and subsequently impacts every area of one's health and wellbeing. The following questions refer to this scenario.

- i. Consider this lady's situation and describe the stressors with which she is dealing. (5)
- ii. Discuss any five factors that affect an individual's response to stress. (10)

iii. Describe the effects of stress on health including those that are evident in this lady. (10)

Subtotal Marks:25

GRAND TOTAL MARKS: 75