

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE
FINAL EXAMINATION: MAY, 2021

COURSE TITLE: NORMAL PSYCHOLOGICAL DEVELOPMENT I
COURSE CODE: NUR452
TIME ALLOCATED: 2 HOURS
TOTAL MARKS ALLOCATED: 75

INSTRUCTIONS:

1. THE PAPER HAS THREE QUESTIONS; PLEASE ANSWER ALL OF THEM
2. USE THE PROVIDED ANSWER BOOKLET FOR ALL YOUR ANSWERS
3. START A NEW QUESTION IN A NEW PAGE
4. MAKE SURE THAT ALL YOUR ANSWERS ARE NUMBERED CORRECTLY
5. PLEASE WRITE CLEARLY AND LEGIBLY

DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR OR HIS/HER REPRESENTATIVE

QUESTION 1

Richard, a mental health nursing student, is fully convinced that the external environment of an individual has an influence in his/her development.

- A. Discuss five physical entities that affect the development of an individual. **(15 marks)**
- B. Explain how the social environment of an individual shapes his/her spiritual development. **(10 marks)**

QUESTION 2

- A. Piaget's theory of Cognitive development highlights the importance of assimilation and accommodation for adaptation. List classical evidence of positive adaptation in a typical adolescent child. **(15 marks)**
- B. Erickson's 8 stages of psychological development include the stage of Intimacy vs Isolation.
 - i. Describe the stage of Intimacy vs Isolation **(2 marks)**
 - ii. State eight negative emotional outcomes of the stage of intimacy vs despair **(8 marks)**

PLEASE TURN OVER FOR QUESTION 3

QUESTION 3

The role of psychiatric nurses in community stability cannot be ignored. Actually, healthy communities enhance normal development of the individual. It therefore calls for joint community effort to raise healthy individuals. As such, the psychiatric nurse ought to take the leadership role in promotion, prevention and mental health rehabilitation in communities.

Discuss a psychiatric nurse's role in

- A. Mental health promotion **(10 marks)**
- B. Mental disorders' prevention **(10 marks)**
- C. Mental health rehabilitation **(5 marks)**

TOTAL 75 MARKS