



UNIVERSITY OF ESWATINI
FACULTY OF HEALTH SCIENCES

FINAL EXAMINATION

NOVEMBER, 2021

COURSE NAME: THEORETICAL BASIS OF NURSING II

COURSE CODE: NUR 508

TIME ALLOWED: 2 HOURS

TOTAL MARKS: 75

INSTRUCTIONS:

- 1. THIS PAPER CONSISTS OF FIVE (7) PAGES**
- 2. PLEASE READ INSTRUCTIONS**

CAREFULLY

- 3. PLEASE ANSWER ALL QUESTIONS**

- 4. MARK ALLOCATION: 1 MARK / CORRECT PHRASE/SENTENCE/FACT FOR DISCUSSION QUESTIONS. GIVE VALID EXAMPLES FOR A FULL MARK.**

THIS PAPER SHOULD NOT BE OPENED UNTIL THE INVIGILATOR HAS GRANTED PERMISSION

QUESTION 1

MULTIPLE CHOICE QUESTIONS

1.1 In which theory is reconstitution defined as 'the return to and maintenance of system stability'?

- A. Neuman's System Model
- B. Transpersonal caring
- C. Humanistic Nursing
- D. Nursing as caring

1.2 The nurses as nurses' barriers to theory development are the following:

- A. The recruitment of nurses
- B. The induction training of newly employed nurses
- C. The theoretical background of theorists
- D. Nurses as theorists.

1.3 Pat is a nurse who is caring for Mary who is recovering from a recent hysterectomy. Which of the following is an example of a way in which Pat may support her client's interdependence adaptation according to Roy's model?

- A. By offering to find some new magazines for Mary.
- B. By ensuring that Mary is properly hydrated
- C. By giving Mary the number of a local support group
- D. By listening to Mary's story about her granddaughter

1.4 Which of the following is not an example of one of Roy's four modes of adaptation?

- A. Self-concept
- B. Role function
- C. Physiologic-physical
- D. Integration

1.5 According to Roy's Adaptation Model, a stimulus is:

- A. Not always negative
- B. Detrimental if it provokes a reaction in a client system
- C. Cannot be positive if it supports system integrity
- D. Does not stimulate the external environment

1.6 According to Betty Neuman, the systems model is equated with wellness, and defined as, EXCEPT

- A. The condition in which all parts and sub-parts, or variables are in harmony with the whole of the client.
- B. Total absence of disease.

- C. The client system moves toward illness and death when more energy is needed than what is available.
- D. The client system moves toward wellness when more energy is available than needed.

1.7 Sister Callista Roy's adaptive modes are as follows, EXCEPT

- A. Dependence mode
- B. Physiologic – physical mode
- C. Self-concept – group identity mode
- D. Role function mode

1.8 Dorothy Johnson's theory of transpersonal caring states that there are functional requirements of humans in her model. Which statement is not true below?

These are to be:

- A. Protected from noxious influences with which the person cannot cope.
- B. Nurtured through the input of supplies from the environment.
- C. Stimulated to enhance growth and prevent stagnation
- D. Nourished with food to enhance growth and development

1.9 In Dorothy Johnson's model, the four goals of nursing are to assist the patient: EXCEPT

- A. Whose behaviour commensurate with social demands.
- B. Who is able to modify his behaviour in ways that it supports biological imperatives
- C. Who is able to benefit to the fullest extent during illness from the physicians knowledge and skill.
- D. Whose behaviour gives evidence of unnecessary trauma as a consequence of illness

1.10 Inputs, outputs, controls, and feedback are all features of _____ according to Roy's Adaptation Model.

- A. An environment
- B. The nurse-client relationship
- C. Adaptation
- D. A system

1.11 Which of the following would not be considered a component of Roy's model?

- A. Health promotion
- B. Wholism
- C. Health as a continuum
- D. Spirituality

1.12 Who among these theorists proposed the Health Care Systems Model?

- A. Neuman
- B. Henderson
- C. Parse
- D. Orem

1.13 According to this theorist, wellness is a condition in which all parts and sub-parts of an individual are in harmony with the whole system.

- A. Orem
- B. Henderson
- C. Parse
- D. Neuman

1.14 In Jean Watson's theory of Transpersonal caring, the ability to care for others is dependent on.....

- A. One's ability to care for self
- B. The cooperation of the recipient of care
- C. Availability of resources
- D. Knowledge of the scientific bases of diseases and illness

1.15 Watson's carative factors include all of the following, EXCEPT.

- A. Forming human-altruistic value system.
- B. Instilling faith-hope
- C. Cultivating sensitivity of self and others
- D. Strengthening lines of defense. (15)

QUESTION 2

- 2.1 Describe the types of theory definitions (15)
- 2.2 Describe the four adaptive modes by Sister Callista Roy. (10)
- 2.3 Describe the theory assumptions by Betty Newman. (10)

QUESTION 3

- 3.1 Describe prevention as intervention in Neuman's Systems Theory. (15)
- 3.2 Draw and label Neuman's systems model. (8)
- 3.3 Explain the etic and emic views in Leininger's theory of culture care diversity and universality. (2)

QUESTION 4

- 4.1 Describe the concepts related to the personal system in Neuman's theory. (10)

TOTAL = 75