

UNIVERSITY OF ESWATINI
DEPARTMENT OF THEOLOGY AND RELIGIOUS STUDIES
MAIN EXAMINATION PAPER, MAY 2019

TITLE OF PAPER : RELIGION SPIRITUALITY AND HEALTH

COURSE CODE : TRS306

TIME ALLOWED : TWO (2) HOURS

MARKS : 75

INSTRUCTIONS:

1. ANSWER ANY **THREE (3)** QUESTIONS.
2. EACH QUESTION CARRIES **25** MARKS.
3. BEGIN EACH QUESTION ON A NEW PAGE.
4. CREDIT WILL BE GIVEN FOR CLARITY, ACCURACY AND GOOD THEOLOGICAL INSIGHT.

THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR.

QUESTION 1

What are the practical reasons that account for the integration of spiritual issues to clinical practice? Cite examples that will enrich your argument.

[25]

QUESTION 2

Suggest strategies that health professionals can employ to incorporate spirituality into patient care.

[25]

QUESTION 3

With reference to either Buddhism or Judaism demonstrate how the basic beliefs in these religions promote personal hygiene and physical health.

[25]

QUESTION 4

"In Africa, good health means much more than just a healthy body" (Lubbe, 2004:81).

What is your understanding of Lubbe's assertion? Discuss.

[25]

QUESTION 5

Critically discuss the general principles that underline the Afrocentric approach of traditional health-care systems in Southern Africa.

[25]

QUESTION 6

Explain how *lay care* enables a sick person to cope with illness.

[25]