

UNIVERSITY OF SWAZILAND

FIRST SEMESTER EXAMINATION

2013

TITLE OF PAPER

**SELF MANAGEMENT AND
DEVELOPMENT**

COURSE NUMBER

CPS 102

TIME ALLOWED

3 HOURS

INSTRUCTIONS:

- The paper consists of five (5) questions.
- Answer any **four (4)** questions.
- Each question is worth twenty five (25) marks.
- Write all answers in the booklet provided.

This paper is not to be opened until permission has been given by the invigilator

QUESTION 1

Read the following case study and answer the question below.

Until Grade 6 Moses enjoyed school, got on well with his peers; life was good. Then his single mother lost her job. They had to move to another area to live with his grandmother and share her pension income. His mother had a new relationship with a man who lived nearby who abused her and Moses physically. After a year Moses mother complained of chest pains, was hospitalized and later died of an HIV'-related illness.

- a. Is Moses a child at risk? **(1 Marks)**
- b. List the factors that you think make him a child at risk? **(4 Marks)**
- c. For each factor identified above, discuss its impact on children? **(20 Marks)**

QUESTION 2

You have been tasked with looking for a development facilitator for your organization to work with Moses. Discuss five qualities you could look for in this development facilitator whom you could recommend to your organization. **(25 Marks)**

QUESTION 3

1. Draw your own Johari's window? **(5 Marks)**
2. Describe the aspects of yourself in each window and show how each has helped you understand the children you work with? **(20 Marks)**

QUESTION 4

Read the following case and answer the questions below

My name is Zandile Xulu. I am a development facilitator. Sometimes I feel so tired that I just want to give up. And then when someone from the community starts to tell me her troubles I just want to scream and tell her that I also have problems. I look at the community member and I don't even listen well anymore.

- a. What do you think causes this development facilitator to behave like this? **(4 Marks)**
- b. Discuss **seven (7)** ideas you would share with Zandile to help her cope in such circumstances. **(21 Marks)**

QUESTION 5

- a) Draw a diagram showing the 5 step learning model in your module? **(5 Marks)**
- b) As a development facilitator and a student, how have you applied the 5-step learning model? **(20 Marks)**