University of Swaziland

Faculty of Social Sciences
Department of Sociology and Social Work

(Social Work Program) Final Examination Paper, December 2016

Course Title: Society and Mental Health

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Course Code: SWK327

Time Allowed: 2:00HRS

Total Marks: 100

Instruction: There are two sections in this examination paper. The first section consists of one question, which is compulsory to attempt. In section two, there are five questions, out of which you are required to attempt any two.

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Compulsory Question

Q1. There are at least 12 stressor factors that could potentially trigger a period of poor mental health. List at least five of these factors that may lead to mental health problems and give a brief description of each factor.

Alternate Questions (Answer any two of the following questions)

- Q2. Mental illness is classified according to cause, degree of disability, law and behaviour. What are the components of these classifications? Describe each component appearing under each classification.
- Q3. According to the Diagnostic Statistical Measure-IV (DSM-IV), there are three related conditions that comprise the autism spectrum. List these three conditions and briefly describe them.
- Q4. Research indicates that there are three factors that universally lead to stress. List the three factors and describe how they contribute to stress.
- Q5. As part of a social work career in mental health, one can engage at individual level (as a clinical social worker) or at a group level (as a group social worker). Provide the specific primary settings that a social worker is expected to provide professional services in both cases.
- Q6. Child maltreatment, intimate partner violence and community violence are some sources that causes mental health problems. Please describe the major manifestations of the above three social ills that become potential causes to mental illness.
 - a) Child maltreatment
 - b) Intimate partner violence
 - c) Community violence