

UNIVERSITY OF SWAZILAND
FACULTY OF SOCIAL SCIENCES
DEPARTMENT OF SOCIOLOGY AND SOCIAL WORK

FINAL EXAMINATION DECEMBER 2017

TITLE OF PAPER: SOCIAL WORK AND SPIRITUALITY
COURSE CODE: SWK325
TIME ALLOWED: TWO (2) HOURS
INSTRUCTIONS: ANSWER ANY THREE (3) QUESTIONS
ALL QUESTIONS CARRY EQUAL MARKS
MARKS: 100

QUESTION PAPER MUST NOT BE OPENED UNTIL PERMISSION HAS BEEN
GRANTED BY THE INVIGILATOR

QUESTION 1

Using Slay (2007) definition of spirituality, outline and discuss with examples the important concepts in understanding spirituality.

QUESTION 2

Discuss ways in which the client's past and present spiritual beliefs and group participation are helpful or harmful to self-esteem, coping and wellbeing, and to dealing with the presenting issues.

QUESTION 3

Examine the use of spirituality in coping with stressful and difficult life events.

QUESTION 4

Canda (1999) states the following as dimensions to spirituality; examine each with examples:

- a. Making personal meaning out of situations
- b. Coming to an understanding of self
- c. Appreciating the importance of connections to others

QUESTION 5

Explore the events and circumstances that may threaten the strength and stability of spirituality in the elderly populations as stated by Ebersole and Hess (1998).

QUESTION 6

Discuss the role of spirituality in the lives of the following as discussed by Zhang and Rusch (2005):

- a. People born with disabilities
- b. People who acquired disability at a young age
- c. Individuals who acquire disabilities later in their lives