

UNIVERSITY OF ESWATINI
FACULTY OF SOCIAL SCIENCES
DEPARTMENT OF SOCIOLOGY AND SOCIAL WORK
FINAL EXAMINATION: DECEMBER, 2018

COURSE TITLE: SOCIETY AND MENTAL HEALTH

COURSE CODE: SWK327

TIME ALLOWED: 2 HOURS

- INSTRUCTIONS:
1. THERE ARE TWO SECTIONS IN THIS EXAMINATION PAPER.
 2. SECTION A CONSISTS OF ONE (1) QUESTION, WHICH IS COMPULSORY.
 3. IN SECTION B ATTEMPT ANY TWO (2) QUESTIONS.
 4. ALL QUESTIONS CARRY EQUAL MARKS
 5. TOTAL MARKS 100.

THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION IS GRANTED BY THE INVIGILATOR TO DO SO.

Section A: Compulsory

1. Multiple choice questions

Choose the most appropriate answer and write the letter corresponding to it in your answer books.

- 1.1. Several scholars have used the concept of _____ as an operational definition of mental health. (2 Marks).
 - a. Performance
 - b. Achievement
 - c. Competence
 - d. Resilience
- 1.2. Normality, which is a statistical concept, is not the same as mental health. This statement was coined by.... (2 Marks).
 - a. Miller (1974)
 - b. Insel and Roth (1976)
 - c. Thomas and Comer (1973)
 - d. Johada (1958)
- 1.3. One of the following belongs to unique stressor factors that migrants/refugees experience during resettlement stage. (2 Marks).
 - a. Stressor of adaptation
 - b. Stressor of losses
 - c. Traumatic experience
 - d. Stressor of loss of status
- 1.4. Which of the following statements does not hold true? (2 Marks).
 - a. Many cultures do not distinguish between physical health and mental health
 - b. The very idea of mental health problem is foreign to many immigrants and refugees
 - c. Differences in communication styles can lead to misunderstanding, misdiagnosis and ineffectiveness in service provisions
 - d. The cost of mental health care delivery system is/are best contained through the delivery of effective, quality services, not by cutting or limiting services. This is principles of community-based systems of care.
- 1.5. Which of the following does not reflect Hippocrates' special contribution to the study of psychological disorders? (2 Marks).
 - a. He recognized the importance of the brain as an organ of mind
 - b. He sought more rational explanation of the various temperaments, moods and emotional disorders
 - c. He recommended music as a form of sedation, warm baths, soft hammocks and light
 - d. He attacked vigorously the conception of divinely ordained, and therefore unalterable illness
- 1.6. Which one of the following does not belong to Cobb's (1948) framework of possible causative factors for mental illness? (2 Marks).
 - a. **The effects of the social environment**
 - b. The role of inheritance in the development of illness
 - c. The effect of chemical agents or their lack

- d. The structural alterations of the central nervous system
- 1.7. The use of Post-Traumatic Stress Disorder (PTSD) diagnosis has significant problems to deal with one of the following traumatic experiences. **(2 Marks)**.
- Women maltreatment
 - Children
 - Persons with disabilities
 - The elderly
- 1.8. Which of the following is not a true about Intimate Partner Violence (IPV)? **(2 Marks)**.
- Low-income women are more likely to be victimized by intimate partners
 - Factors at the community level have been found to decrease the risk of IPV
 - People in same-sex relationships face a special form of abuse, namely being “outed” by a partner
 - None of the above are true
- 1.9. One of the following is not a schizophrenia positive symptoms. **(2 Marks)**
- Hallucination
 - Delusion
 - disorganized thoughts
 - Phobia
- 1.10. Which of the following belongs to Kallen, Branch and Co-workers (1975) dimensional views of mental health? **(2 Marks)**.
- Mature and appropriate emotional responses
 - Social adaptation status and psychological wellbeing
 - Endure frustration and gain satisfaction from constructive achievements
 - Growth and development towards self and integration of personality
- 1.11. According to the 2010 global burden of disease study, the most predominant mental health problems worldwide are.... **(2 Marks)**.
- Depression and anxiety
 - Obsession compulsion disorder
 - Social anxiety disorder
 - Autism spectrum disorder
- 1.12. One of the following is not part of oppositional defiant and disorder (ODD) behaviour exhibited in children. **(2 Marks)**.
- Being easily annoyed by others
 - Losing focus or concentration
 - Feeling anger and resentment toward others
 - Blaming others for his or her mistakes
- 1.13. Which of the following statement is true about the period influenced by demonological perspective to describe mental illness? **(1 Mark)**.
- It dated from 200 BC to the later part of 18th century
 - It dated from 200 BC to the first part of 18th century
 - It dated from 200 AD to the first part of 18th century
 - It dated from 200 AD to the later part of 18th century

2. Short description questions

Provide a short description for each of the following and write in your answer book.

2.1. Social work has various interventions in mental health services. Among many, five of them were described in one of the lecture sessions. List them. **(5 Marks)**.

- a. _____.
- b. _____.
- c. _____.
- d. _____.
- e. _____.

2.2. There are three symptoms of psychotic conditions. Give short descriptions to each of them. (3 marks)

- a. _____.
- b. _____.
- c. _____.

Section B: Answer Any Two Questions.

- 2. Discuss Disassociation Identity Disorder (DID).
- 3. Examine social phobia also known as Social Anxiety Disorder (SAD). Give specific examples.
- 4. Explain the manifestations of stress and trauma resulting from war.
- 5. Using specific examples, explain the causes of mental health problems.
- 6. Discuss the roles of social workers as primary care providers of mental health services.