



# UNIVERSITY OF ESWATINI

FIRST SEMESTER MAIN EXAMINATION PAPER, NOVEMBER 2019

FACULTY OF SOCIAL SCIENCES

DEPARTMENT OF SOCIOLOGY AND SOCIAL WORK

COURSE CODE: SWK325

TITLE OF PAPER: SOCIAL WORK AND SPIRITUALITY

TIME ALLOWED: 2 HOURS

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## Instructions

1. Answer any three (3) questions

*Candidates may complete the front cover of their answer book when instructed by the Chief Invigilator and sign their examination attendance cards but must NOT write anything else until the start of the examination period is announced.*

*No electronic devices capable of storing and retrieving text, including electronic dictionaries and any form of foreign material may be used while in the examination room.*

DO NOT turn examination paper over until instructed to do so.

### **QUESTION 1**

Discuss ways in which the client's past and present spiritual beliefs and group participation are helpful or harmful to self-esteem, coping, and to dealing with the presenting social problem.

### **QUESTION 2**

Hart (2003) argues that children possess vibrant spiritual lives even prior to the development of formal reasoning. Through his research Hart identified five spiritual capacities, which channel and characterize the spiritual development of children.

Using examples, examine the spiritual capacities of children.

### **QUESTION 3**

Discuss the use of religion and spirituality for coping with stressful and difficult life events.

### **QUESTION 4**

Canda (1999) states the following as dimensions to spirituality; discuss each with examples.

- a. Making personal meaning out of situations
- b. Coming to an understanding of self
- c. Appreciating the importance of connections to others

### **QUESTION 5**

Explore the events and circumstances that may threaten the strength and stability of spirituality in the elderly populations as stated by Ebersole & Hess (1998).

### **QUESTION 6**

Examine the benefits of forgiveness and faith in elderly populations.