



UNIVERSITY OF ESWATINI

FIRST SEMESTER FINAL EXAMINATION PAPER, APRIL 2021

FACULTY OF SOCIAL SCIENCES

COURSE CODE: SWK431 PSYCHOLOGICAL & PSYCHOTHERAPY
INTERVENTIONS

TIME ALLOWED: 2 HOURS

Instructions

1. This paper consists of Section (A) and (B).
2. Section A is compulsory.
3. Answer any TWO questions from Section B.
4. Total 100 marks

*Candidates may complete the front cover of their answer book when instructed by the Chief Invigilator and sign their examination attendance cards but must **NOT** write anything else until the start of the examination period is announced.*

No electronic devices capable of storing and retrieving text, including electronic dictionaries and any form of foreign material may be used while in the examination room.

DO NOT turn examination paper over until instructed to do so.

SECTION A –COMPULSORY

Question 1

Write short notes on the following:

1. Goals of psychotherapy
2. Disadvantages of group therapy
3. Roles of a therapist
4. Existential Therapy

SECTION B

Answer any TWO questions in this section

Question 2

Describe how attachment may underlie many of the processes of psychotherapy.

Question 3

Assess how ethics in psychotherapy aims for the best consequences as an alternative of carrying out specific duties.

Question 4

Using examples, discuss what happens when the therapist's sexual orientation matches the client's and is disclosed.

Question 5

Cognitive Behavioral Therapy enables the individual to take control of his/her life through psycho-education. Discuss.

Question 6

Probe how psychoanalysis techniques are used by therapists as a therapy intervention to assist their clients.